

AB 2275 (Arambula): Medi-Cal Quality Improvement and Disparities Reduction

Summary

This proposal would improve the quality of health care services provided by Medi-Cal managed care plans and reduce health disparities. It would hold plans accountable so that Medi-Cal enrollees achieve better health outcomes, regardless of the factors that determine their health.

Background

California has rightly invested in expanding Medi-Cal, which now covers 1 in 3 people in our state. Nearly 80% of Medi-Cal members are enrolled in a Medi-Cal managed care plan, which receive a monthly payment per enrollee for delivering health care services. As a result, these health plans have reaped significant financial rewards.

The Department of Health Care Services (DHCS) measures and monitors the quality of care provided by Medi-Cal managed care plans and can place poorly performing plans under enforcement actions. Under recent federal rules, Medi-Cal must focus on identifying and reducing health disparities and ultimately publicly rate health plans on how they are providing treatment and preventing illness. Similarly, Covered California, California's state based marketplace, has led the way in holding health plans accountable for improving the health of enrollees. Covered California's contracts will require health plans to demonstrate year-over-year reductions in disparities in four chronic diseases: diabetes, asthma, hypertension and behavioral health.

Problem

DHCS has delegated the responsibility of providing health care to managed care plans, and the results do not show the progress anticipated with the Affordable Care Act. Existing quality improvement efforts are not standardized across plans and do not require plans to show specific improvements in care, treatment or prevention. Meanwhile, the health of Californians relying on Medi-Cal suffers and wide disparities in race and ethnicity persist. For instance, African-Americans had a nearly 20 percent higher prevalence of hypertension than other race and ethnic groups and African-American women with recent births had the lowest postpartum visit rate of any race or ethnic group.

Solution

Because Medi-Cal managed care plans provide care for nearly 11 million enrollees, the state has an opportunity to improve the lives of millions and reduce health disparities. This proposal would:

- Require annual quality improvements and performance targets for health plans,
- Define health disparities reduction health plans must address
- Establish financial incentives for health plans and publicly rate them on whether their services result in more equitable health outcomes, and
- Create a public stakeholder process to establish performance targets and financial incentives.

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